

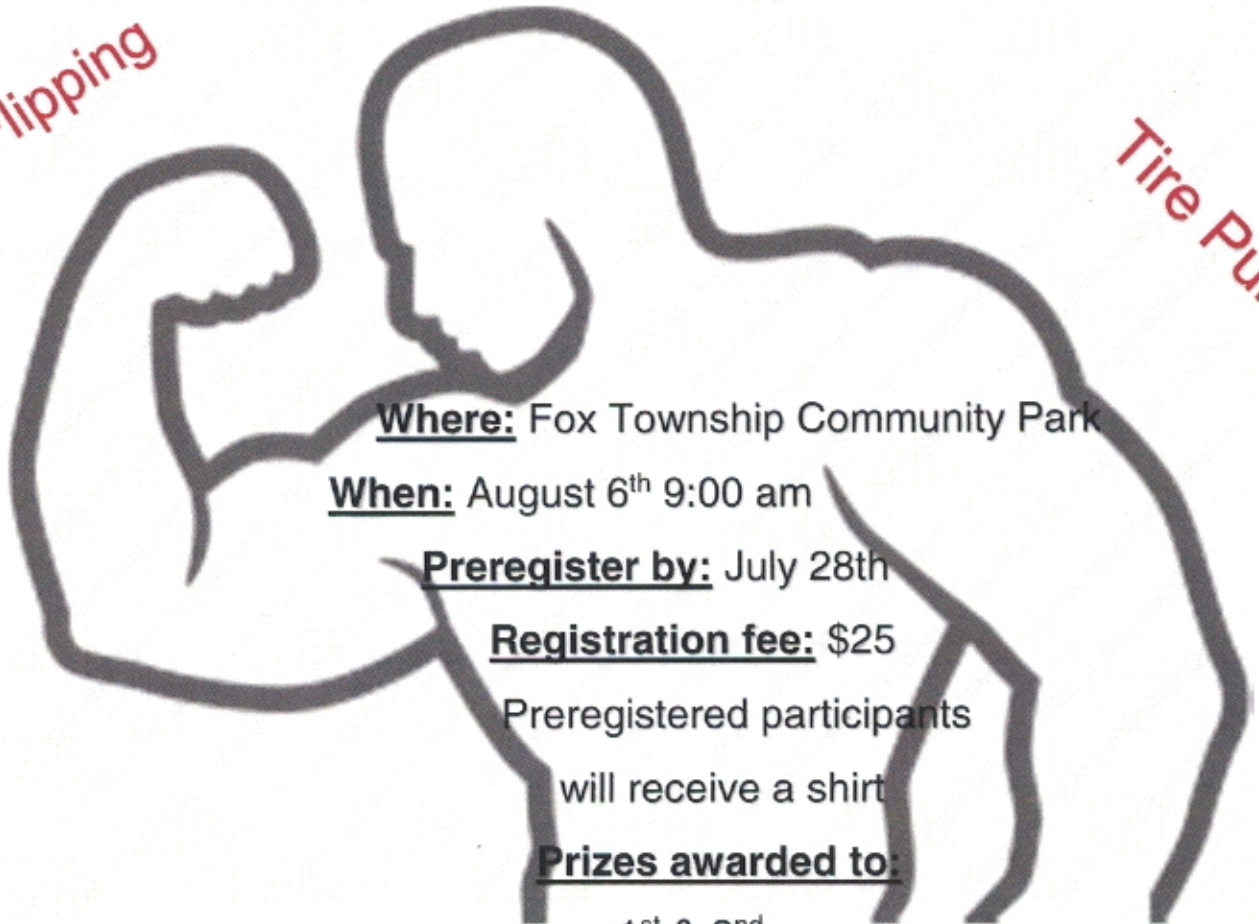
Crate Stacking

Fox Township Strong Man/Woman Competition

Weighted Run

Tire Flipping

Tire Pull



Where: Fox Township Community Park

When: August 6th 9:00 am

Preregister by: July 28th

Registration fee: \$25

Preregistered participants
will receive a shirt

Prizes awarded to:

1st & 2nd

Overall Male & Female

Registration forms can be obtained online at www.foxtownship.com under the Park and Rec. tab



Fox Township Strong Man/Woman Competition

Event Information:

The competition will be timed and the 1st and 2nd fastest male and female will be awarded prizes. The cost for registration is \$25. Tee shirts will be provided to those who preregister **before July 28th**. Those who do not preregister by July 28th, cannot be guaranteed a shirt. The competition will be held in the back of the Fox Township Community Park by the pavilion. The race will consist of a weighted run (log run), tire flipping, tire pulling, weighted crate stacking, etc. In the circumstance that one of the obstacles cannot be performed by the participant, a penalty will be issued and they may continue on through the race.

Registration Form

Print Name: _____ Phone: _____

Gender: Male / Female (Circle One)

Address: _____ City/State: _____ Zip: _____

Shirt Size: (Circle One) XS S M L XL 2XL

Emergency Contact: _____ Phone: _____

I hereby release The Fox Township Recreation Department from any and all liability that may result my participation in the Strong Man/Woman Competition at the Fox Township Park.

Signature of Participant: _____ Date: _____